

BP&S DIY

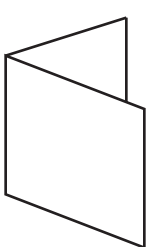
Print and bind your own copy of *Between Page and Screen* using these instructions.

Supplies:

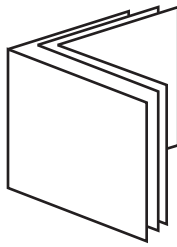
- 11 sheets of heavyweight 11"x17" paper or cardstock (this project can be printed at other sizes, if 11"x17" is unavailable, using Acrobat's fit-to-page setting)
- 4 binder's needles
- 40" of waxed bookbinder's thread, cut into two equal pieces
- X-Acto blade, paper saw, bradawl or other awl
- Bone Folder

Getting Started:

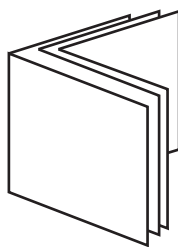
1. Print this instruction sheet and crop to 11" x 7"
2. Print front and back cover on cardstock of your choosing, the heavier the better.
3. Print signatures booklet-style on heavy-weight interior paper.
NB: the image/text will always be on the recto side.
4. Trim all pages to 7" x 14"
5. Score all pages at 7" and fold in half so that you have 11 folios.
6. Group these folios into the following 5 signatures:



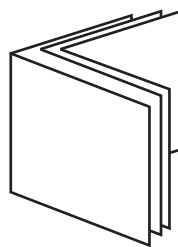
Front cover



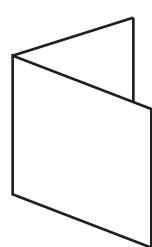
Signature 1



Signature 2



Signature 3



Back cover

7. Using an awl, pierce each signature from the valley side using the stations marked at the bottom of this sheet as a measuring guide.
NB: alternately, pierce stations 1 and 4 at 1" from the head and tail of your page, then measure 1.5" from each of those stations to pierce stations 2 and 3.
8. Thread all four needles so you have two loops of thread.

1

2

3

4

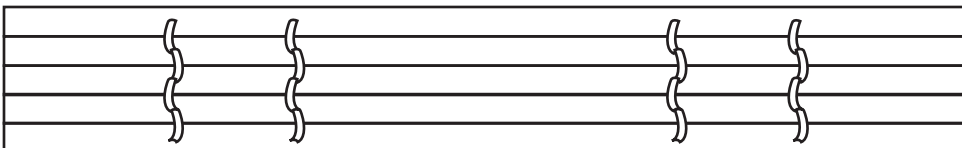
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Sewing:

The butterfly is a “span” sewing: every time you exit a sewing station, you “span” up to the next signature, entering the station directly above it. You can find this sewing in Keith Smith’s [Non-Adhesive Bindings 3](#) (220-224).

1. Starting on the inside of the back cover, draw one end of each thread through each hole. All 4 needles are now hanging outside the spine.
2. Place signature 3 on top of this signature, and “span” to the sewing station above each needle, starting with stations 1 and 4.
3. The needle that entered station 1 crosses to exit station 2, and the one that entered 4 crosses to exit station 3.
4. The other two needles span upwards at stations 2 and 3, being careful not to pierce the exiting thread.
5. Pull across and exit stations 1 and 4, creating a double staple inside the valley of signature 3.
Now all four needles are outside signature 3.
6. Place signature 2 on top of this signature, and repeat this process.
 - Every time you add a signature, the needles span to the station directly above their exit point, then cross one another inside the signature, exiting one station away from their entry point.
 - You are building the book from the bottom up, so it helps to hold your signatures down on the desk to ensure you are adding them in the correct order.
7. Place the cover folio on top of your stack and span upward to the corresponding entry points. All four needles are inside the cover.
8. Remove both needles from the ends of one thread and tie it off in a double square knot.
9. Remove both needles from the ends of the other thread and tie it off in a double square knot.
10. Trim the loose threads to around .25” and fray them slightly with a needle to keep the knot from unraveling.



Sample of spine (not to scale).